

Cheer Express Allstars 2022-2023 Season Absence Request Form

Date of Absence(s) _____

The above dates affect Team Practices for the 2022-2023 Cheer Season.

Do these dates also affect Private Lessons or Classes?

Private Lessons Yes No If yes, which dates? _____

Classes Yes No If yes, which dates? _____

Reason for Absence(s) _____

I, _____ am requesting to be absent from practice on the date above. I know that missing practice places complications and difficulties on the whole team. I also understand that an unexcused absence or continual excused absences can result in being placed in an alternate position or removal from the squad.

Clarification on Excused vs Unexcused absences.

Please read prior to filling out form.

This clarification is in the tryout package you signed for the 2022-2023 Season.

EXCUSED absences include, but are not limited to:

- Death in the family.
- Severe illness or doctor's note not allowing practice.
Parents must call Cheer Express before the scheduled practice.
- Approved religious functions.
- Special circumstances that are approved by Coach Kimberly.

UNEXCUSED absences include, but are not limited to:

- Doctor or dentist appointment—unless an emergency.
Please schedule appointments so they will not conflict with cheerleading activities.
- Lessons of any kind (piano, dance, etc.)
- Family vacations after the practice schedule has been published, unless pre-approved by Coach Kimberly. This includes school "breaks."
- School Chorus Concerts, Orchestra or Band.
- Employment – athletes must work around practice schedules.

Cheerleader Signature: _____ Date: _____

Parent Signature: _____ Date: _____

Notes (Office use only):