

## Cheer Express Allstars 2024-2025 Season Absence Request Form

Date of Absence(s) \_\_\_\_\_

*The above dates affect Team Practices for the 2024-2025 Cheer Season.*

### Do these dates also affect Private Lessons or Classes?

Private Lessons      Yes      No      If yes, which dates? \_\_\_\_\_

Classes      Yes      No      If yes, which dates? \_\_\_\_\_

Reason for Absence(s) \_\_\_\_\_

I, \_\_\_\_\_ am requesting to be absent from practice on the date above. I know that missing practice places complications and difficulties on the whole team. I also understand that an unexcused absence or continual excused absences can result in being placed in an alternate position or removal from the squad.

### Clarification on Excused vs Unexcused absences.

*Please read prior to filling out form.*

This clarification is in the tryout package you signed for the 2024-2025 Season.

**EXCUSED** absences include, but are not limited to:

- Death in the family.
- Severe illness or doctor's note not allowing practice.  
Parents must call Cheer Express before the scheduled practice.
- Approved religious functions.
- Special circumstances that are approved by Coach Kimberly.

**UNEXCUSED** absences include, but are not limited to:

- Doctor or dentist appointment—unless an emergency.  
Please schedule appointments so they will not conflict with cheerleading activities.
- Lessons of any kind (piano, dance, etc.)
- Family vacations after the practice schedule has been published, unless pre-approved by Coach Kimberly. This includes school "breaks."
- School Chorus Concerts, Orchestra or Band.
- Employment – athletes must work around practice schedules.

Cheerleader Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

*Notes (Office use only):*